


## A Tavola

Risotto agli Agrumi e Gamberi  
con Pancetta e Rucola

(Riso, Arancia, **Gamberi**, Pancetta, Rucola, Formaggio, **Lattosio**)

Per Vegetariani 


Risotto con Carciofi e Funghi

(Riso, Carciofi, **Funghi**, **Aglione**, Prezzemolo)

Cosciotto di Vitello farcito di Verdure

Patate al Rosmarino

(Carne di Vitello, **Funghi**, Zucchine,)

Per Vegetariani 

Seitan (**Glutine**, **Soia**)

Frutti dell'Orto Arrosto

(Peperoni, Melanzane, Zucchine, Cipolla)

Tortino al Cioccolato con Mandorle

E Frutta Fresca

(Latte, Burro, Cacao, **Lievito**, **Mandorle**)

Vini Cantina Dolianova


Caffè

## Menù

Citrus, Shrimp

Bacon, Rocket Salad Risotto

(Rice, Arancia, **Shrimps**, Bacon, Rocket Salad, Cheese, **Lactose**)

For Vegetarians 


Artichokes and Mushrooms Risotto

(Rice, Artichokes, **Mushrooms**, **Garlic**, Parsley)

Roasted Veal with Vegetables

Potatoes with Rosemary

(Veal, Zucchini **Mushrooms**, )

For Vegetarians 

Seitan (**Gluten**, **Soy**)

Roasted Vegetables

(Peperoni, Melanzane, Zucchine, Cipolla)

Chocolate Pie

with Almonds and Fruit

(**Lactose**, Butter, cocoa, Yeast, **Almonds**)

Dolianova Wines

Coffee

### **A bit of history**

The Convento San Giuseppe is dated XIV century and it is of enormous historic and architectural interest.

Inside the location it is still possible to see Roman rocks and lot of walls that testify the use of “ladiri” among the shape of the square of welcome, which takes us back in time.

It is evident in all the rooms the long job of Vittorini of Marsiglia and of the Scolopi, who baptize the place by the founder San Giuseppe Calasanzio.

The Vittorins probably settled because of the Sun Way.

According to several experts they built the two oldest room, between 1100 and 1300, Olive and Wine room.

Someone indicates Horses room as the old Madonna of Vineyard, while some others say it was the Byzantine church of Saint Nicholas.

In fact there is a beautiful Byzantine capital and its twin was taken to the Archeological Museum in Sant’Antioco.

From Scolopi to the family that handles the convent since 1870, Hospitality is the keyword; made of the knowledge and the experience of our land.

There are many authentic ancient pieces still in use in the Convento, that is way it is a Sardinian Cultural Heritage



**CONVENTO  
SAN GIUSEPPE**

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# ALMA 2019

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