

Milky Way helium enrichment constrained by red clump stars

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Stellar ages are important

Stellar physics

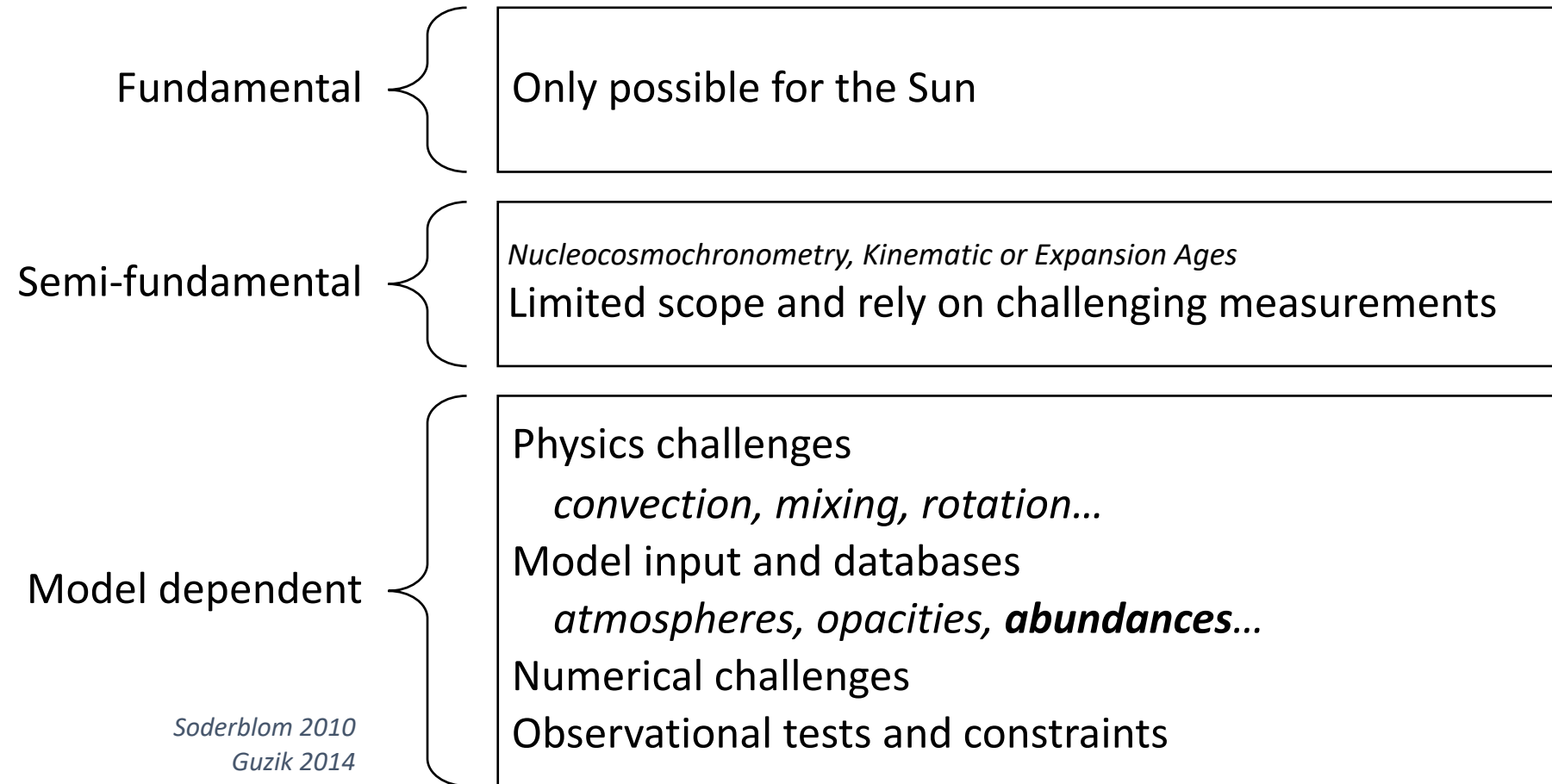


Galactic Archaeology

Exoplanet systems



... but challenging



Helium in low mass stars

- Helium spectral lines are difficult to measure
- Usually, we assume a helium-to-metal enrichment ratio

$$Y = Y_P + \frac{\Delta Y}{\Delta Z} Z$$

But there are many open questions...



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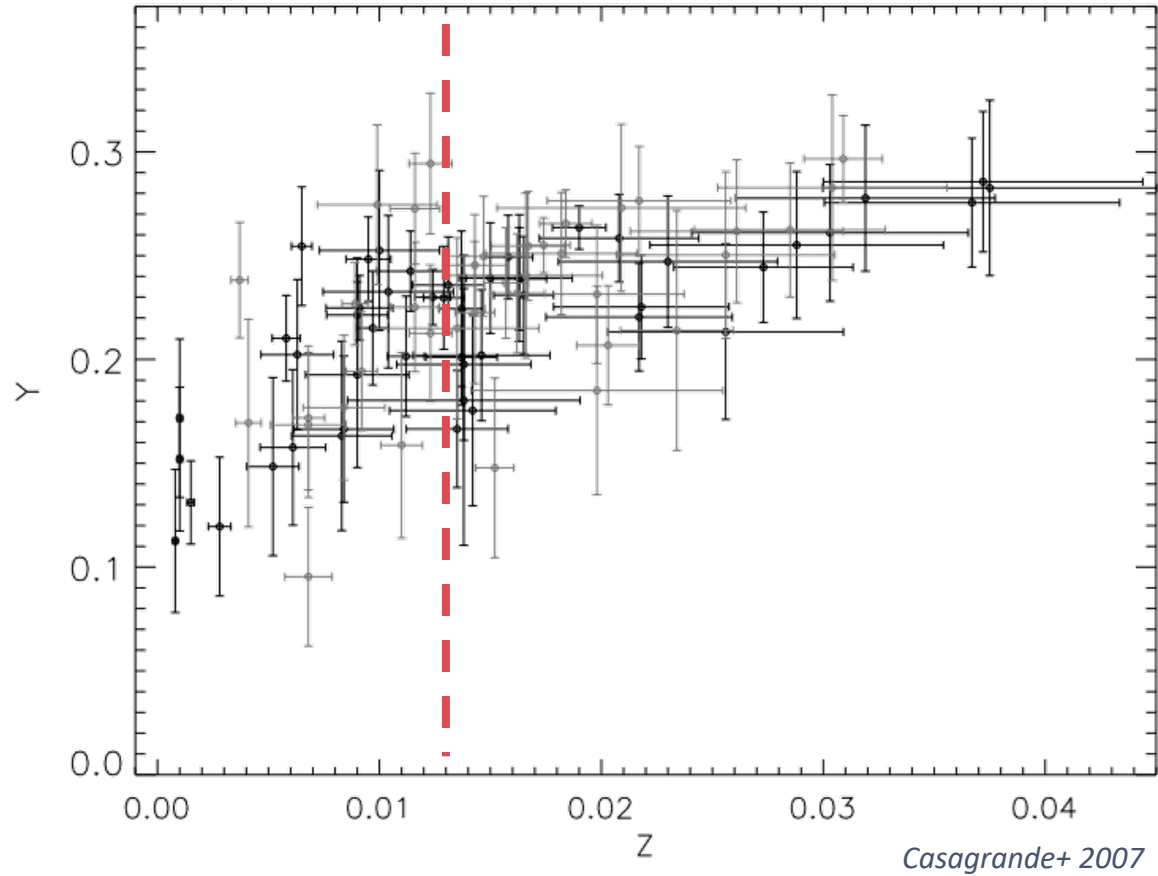
- Range of methods...
 - *Clusters, K-dwarf main sequence, extragalactic HII, asteroseismic glitches*

- ...Give many answers
 - Usually $\Delta Y / \Delta Z \approx 2 \pm 1$
 - But you can find 0.5 \rightarrow 5

- http://www.pas.rochester.edu/~emamajek/memo_dydz.html



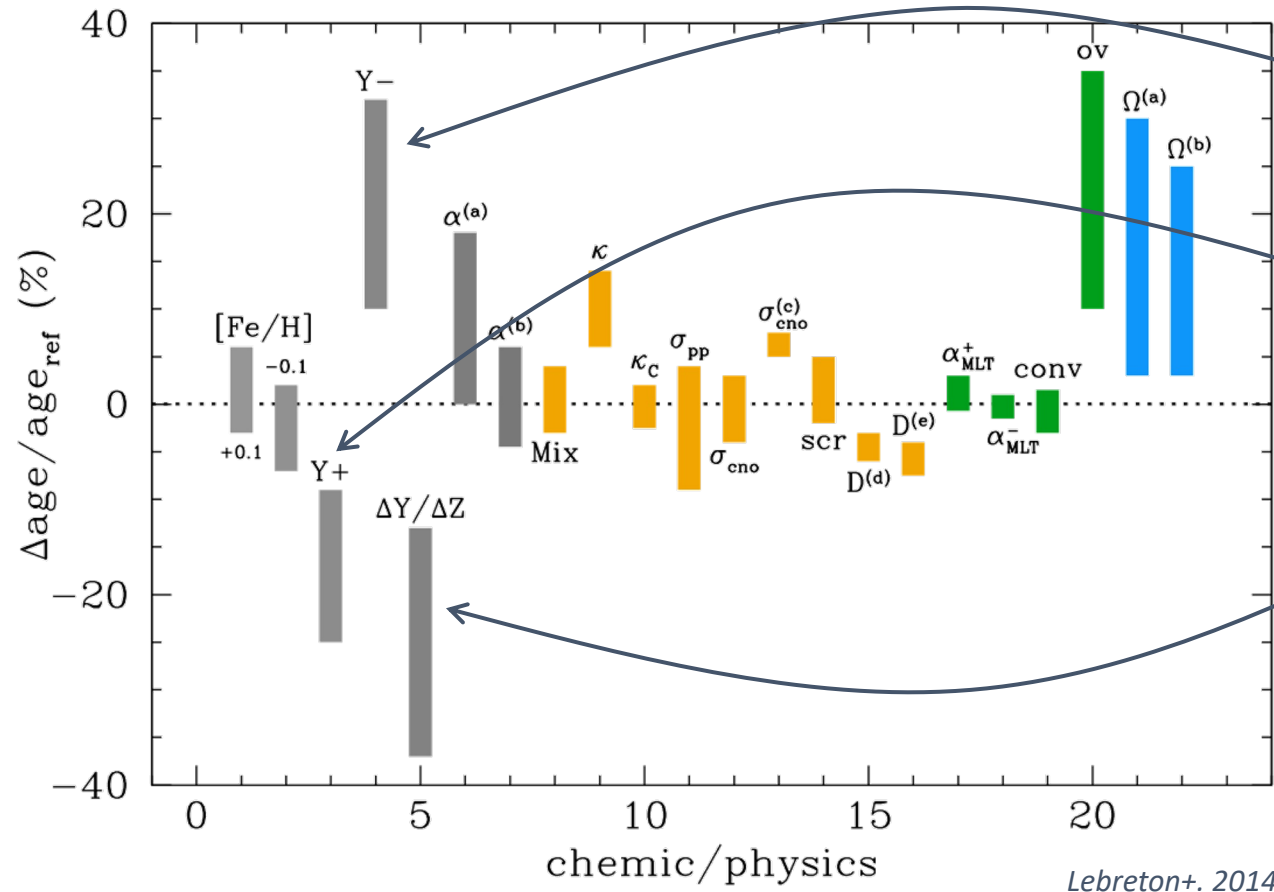
Helium in low mass stars



- Is a single enrichment ratio valid?
 - *Spread at low-Z*
 - *Very low Y_p*



Helium in low mass stars



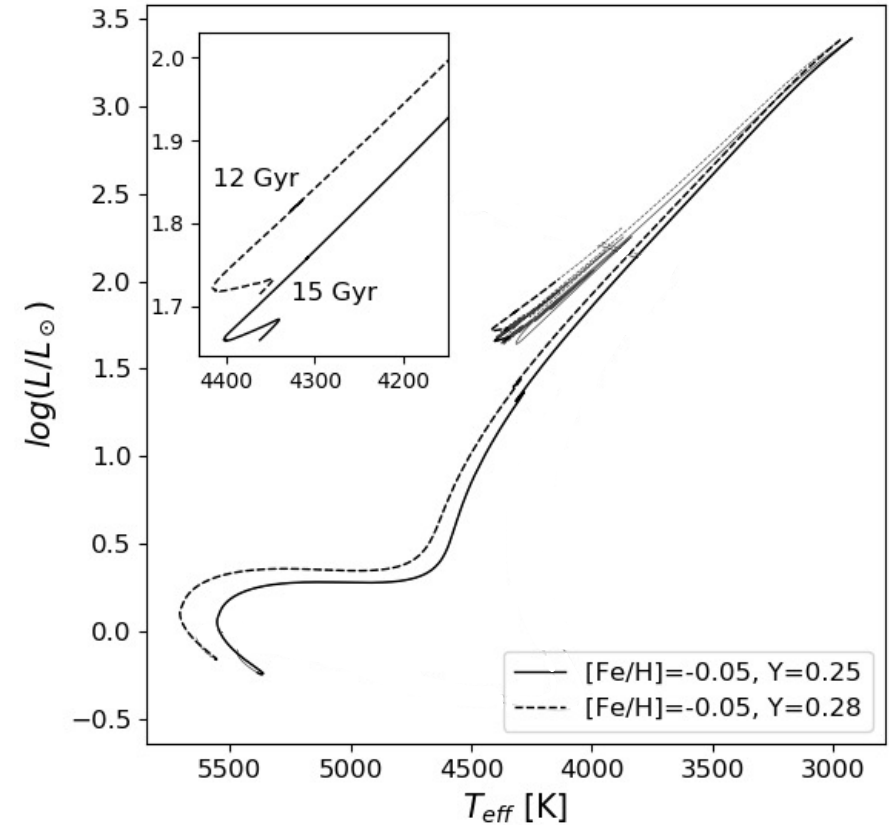
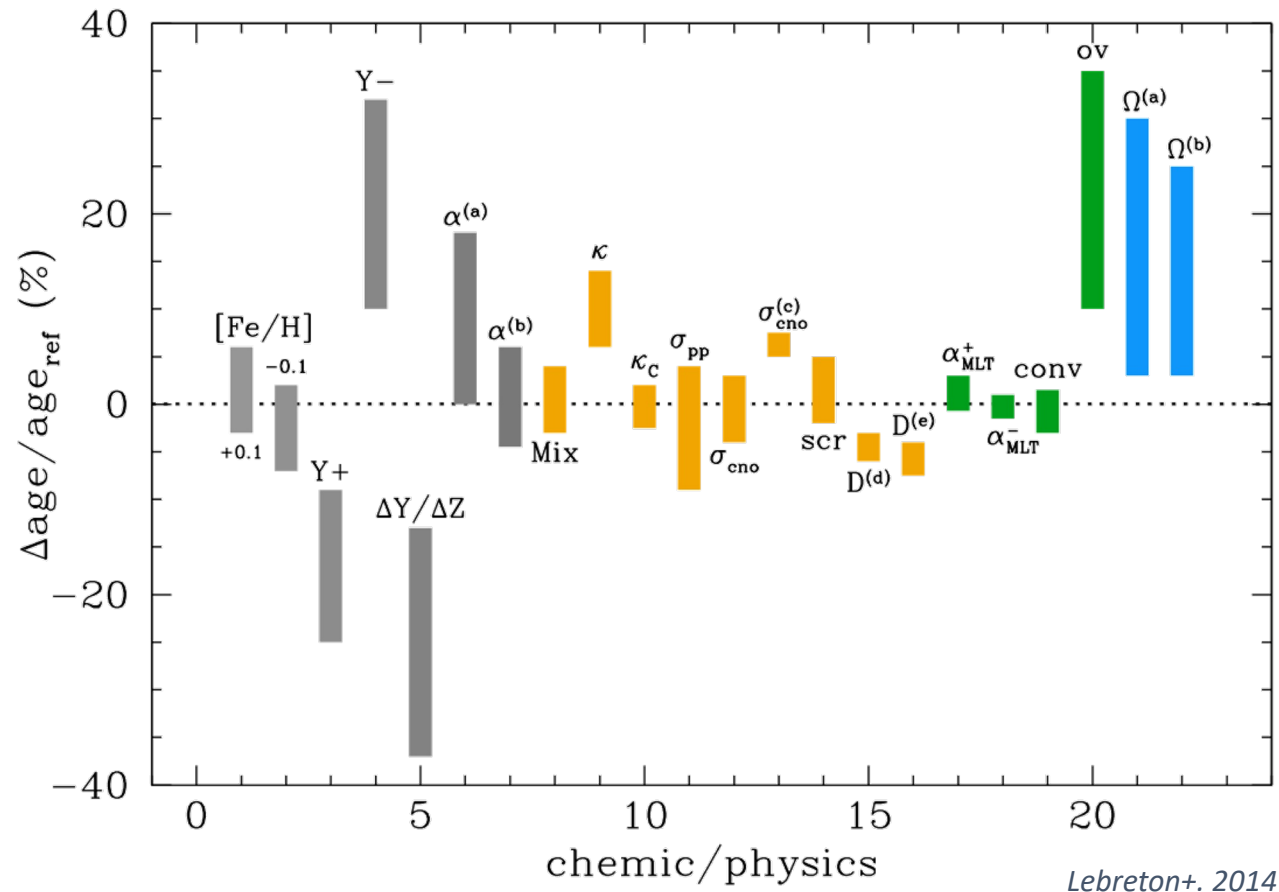
- Decrease from $Y = 0.28$ to $Y = 0.25$

- Increase from $Y = 0.28$ to $Y = 0.31$

- Increase from $\frac{\Delta Y}{\Delta Z} = 2$ to $\frac{\Delta Y}{\Delta Z} = 5$



Helium in low mass stars



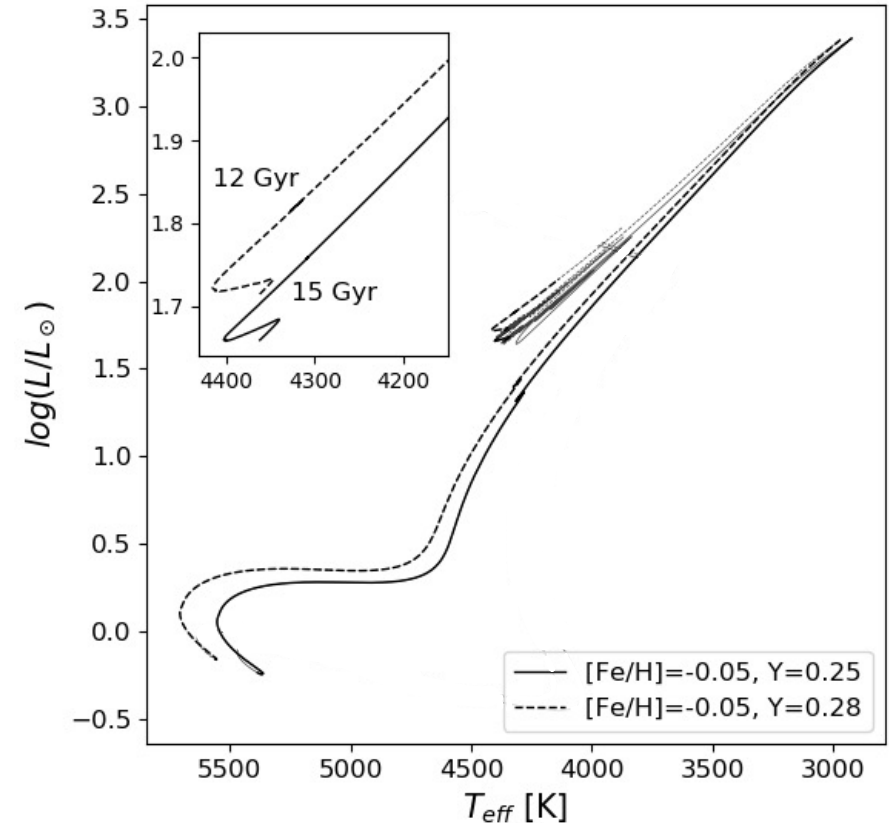
RC luminosity and Y

- Low mass: degenerate core on the RGB
- He-ignition delayed until critical core mass
~ independent of total mass, $[Fe/H]$

Very similar core mass

→ Very similar central conditions

→ very similar luminosity



Kepler



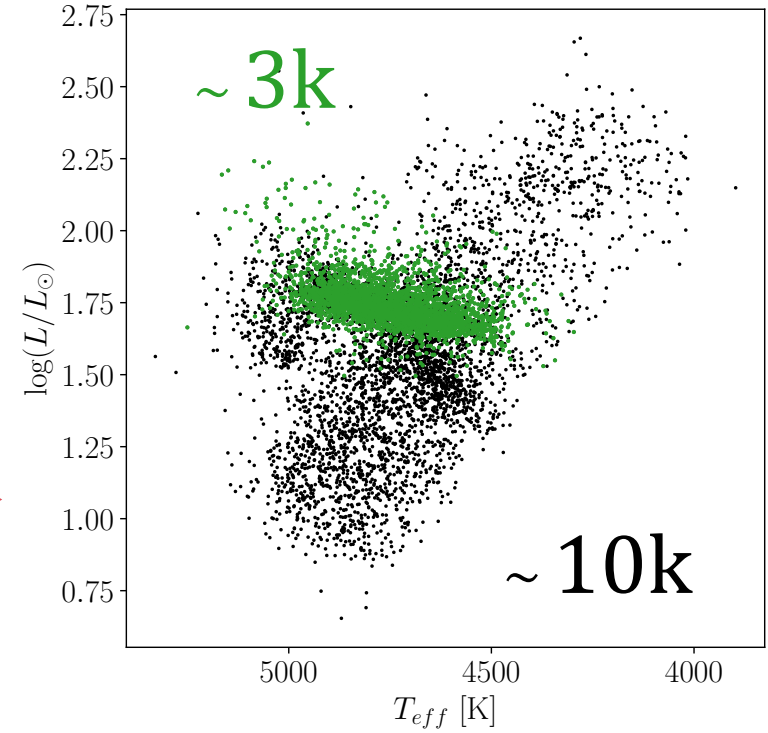
$v_{max}, \Delta v$
Yu+ 2018



$[Fe/H], [Mg/Fe]$
APOGEE DR17



ra, dec, ϖ
Gaia DR3



+ PARAM
Rodrigues+ 2017



Stellar parameters
 $M, R_*, \tau \dots$



BCs
Casagrande & Vandenberg 2014
E(B-V)
Green+ 2019

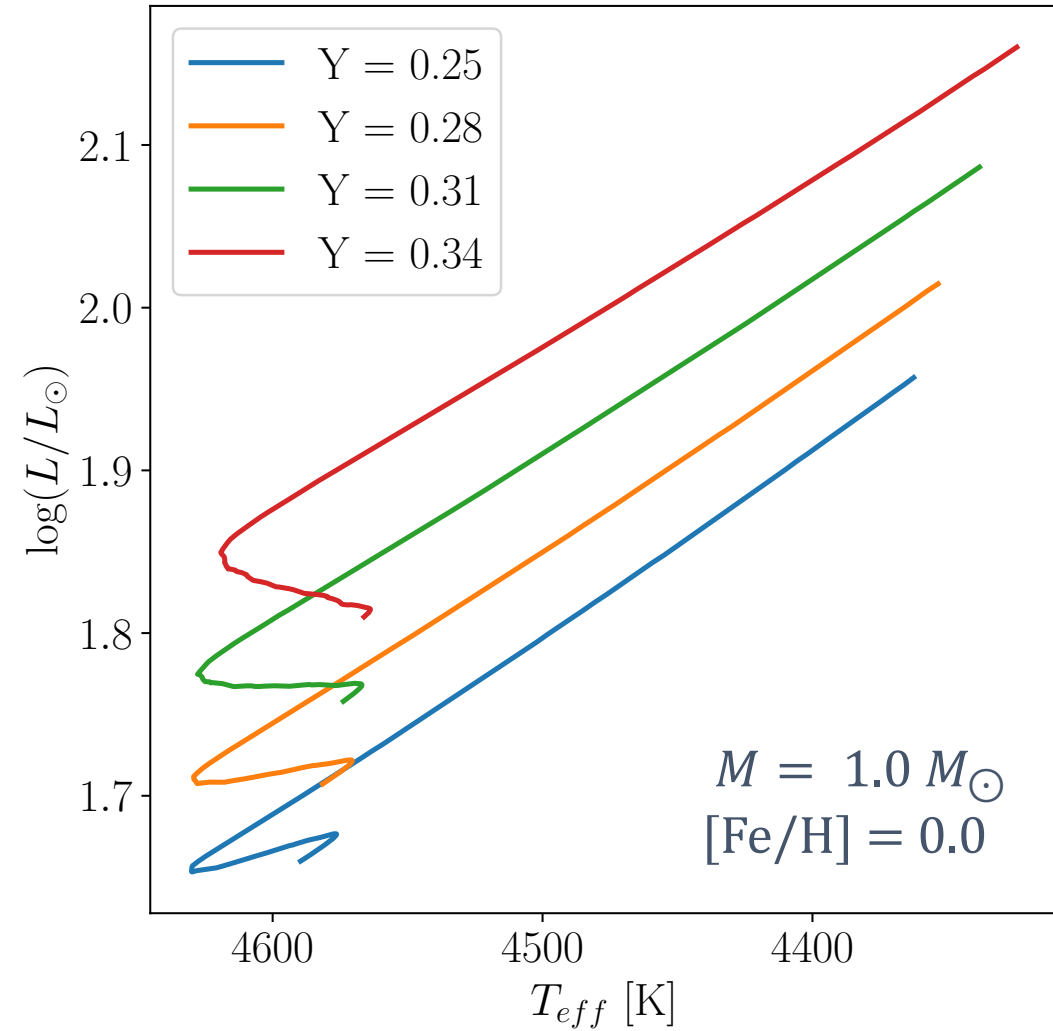


Luminosities

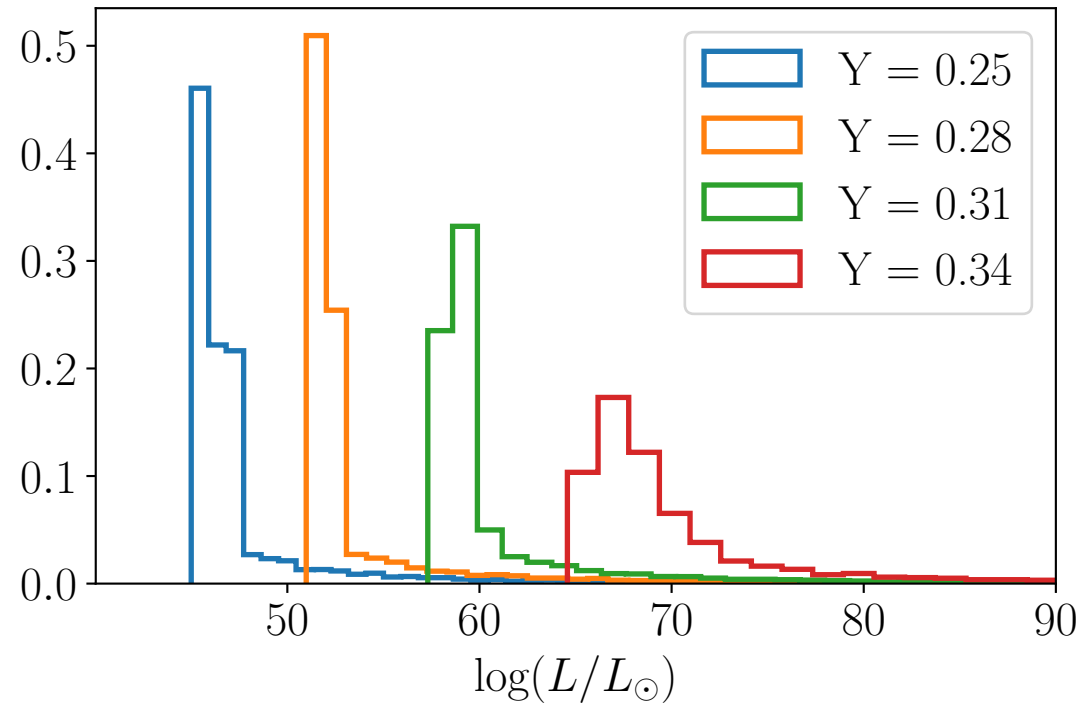


Models

- Grid with no assumed $\Delta Y / \Delta Z$
- M spacing = $0.1 M_{\odot}$
- $[\text{Fe}/\text{H}]$ spacing = 0.1 dex
- Independent Y at each grid point



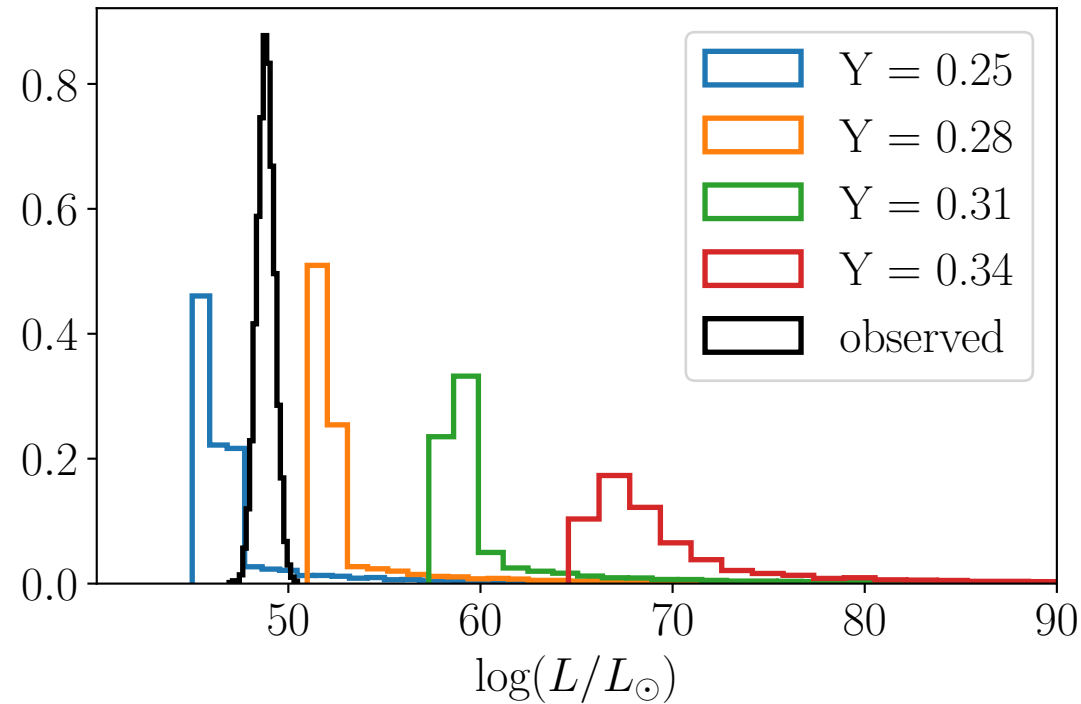
Helium – luminosity relationship



$M = 1.0 M_{\odot}$
 $[\text{Fe}/\text{H}] = 0.0$



Comparing models and observations

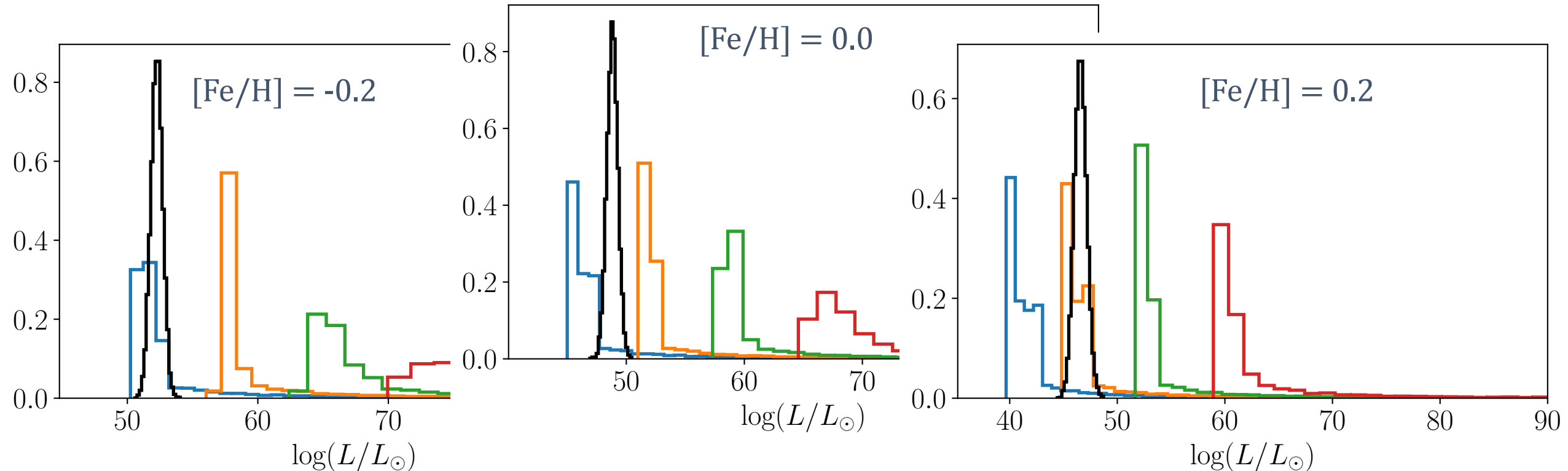


$M = 1.0 M_{\odot}$
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* Distribution of median luminosities of the population over MC

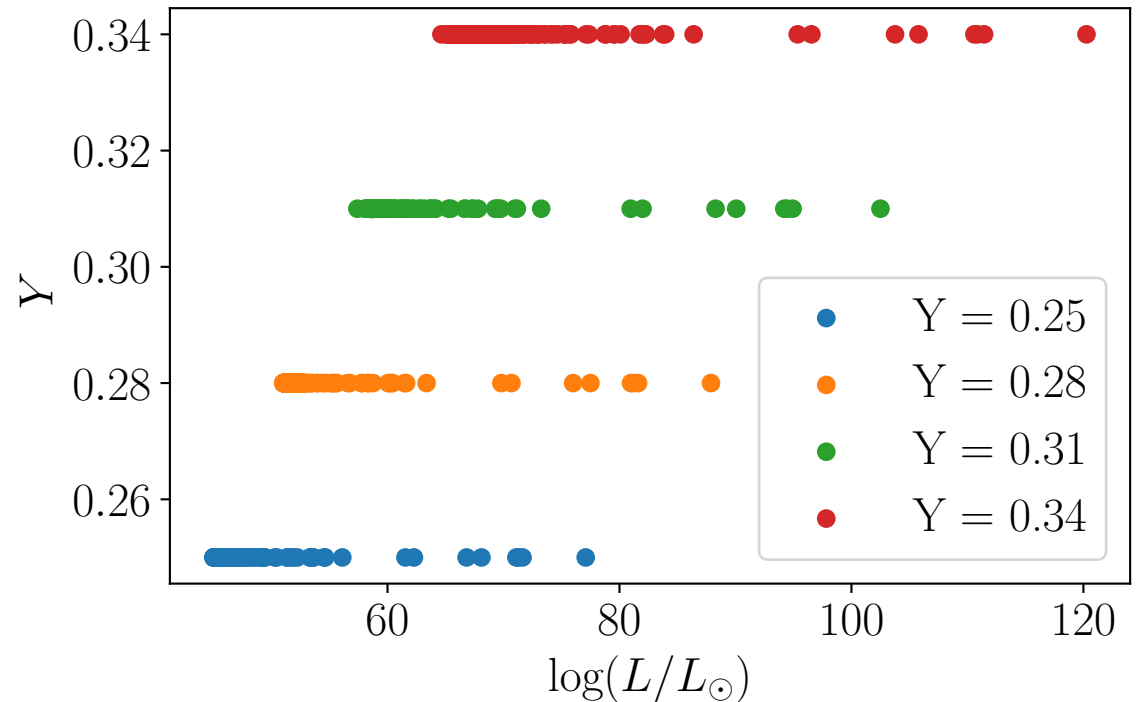


Comparing models and observations



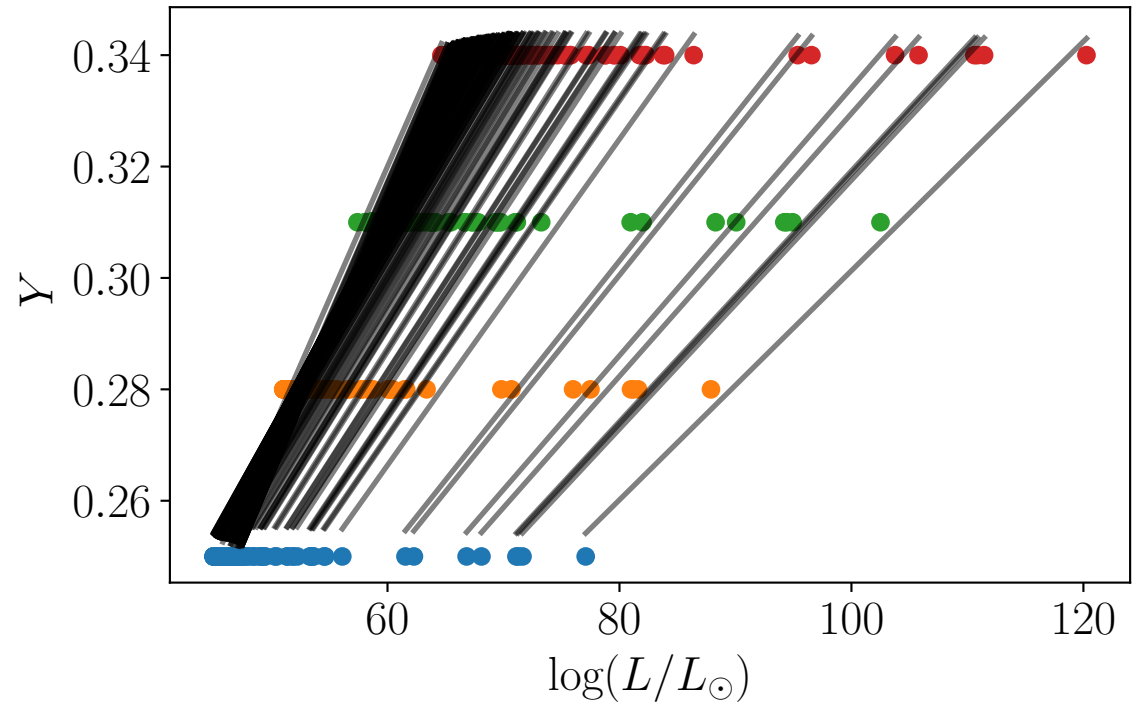
Inferring Y and Z

- Evolution to high luminosities is important, but not easy to model
 - Use MC for a non-parametric approach
1. Make samples in fractional age



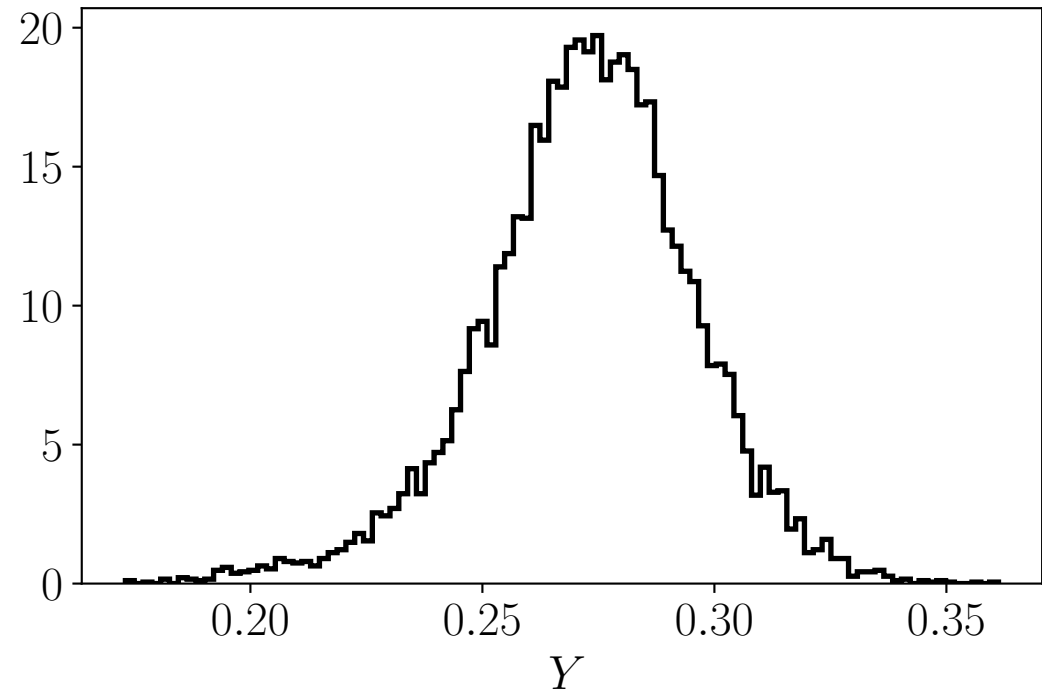
Inferring Y and Z

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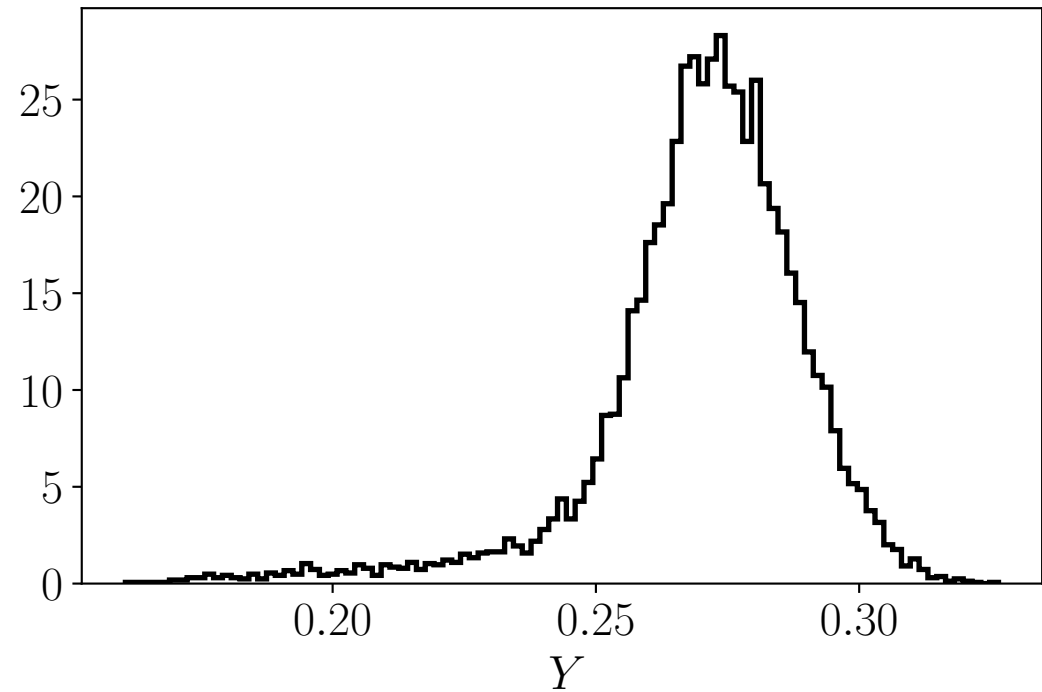
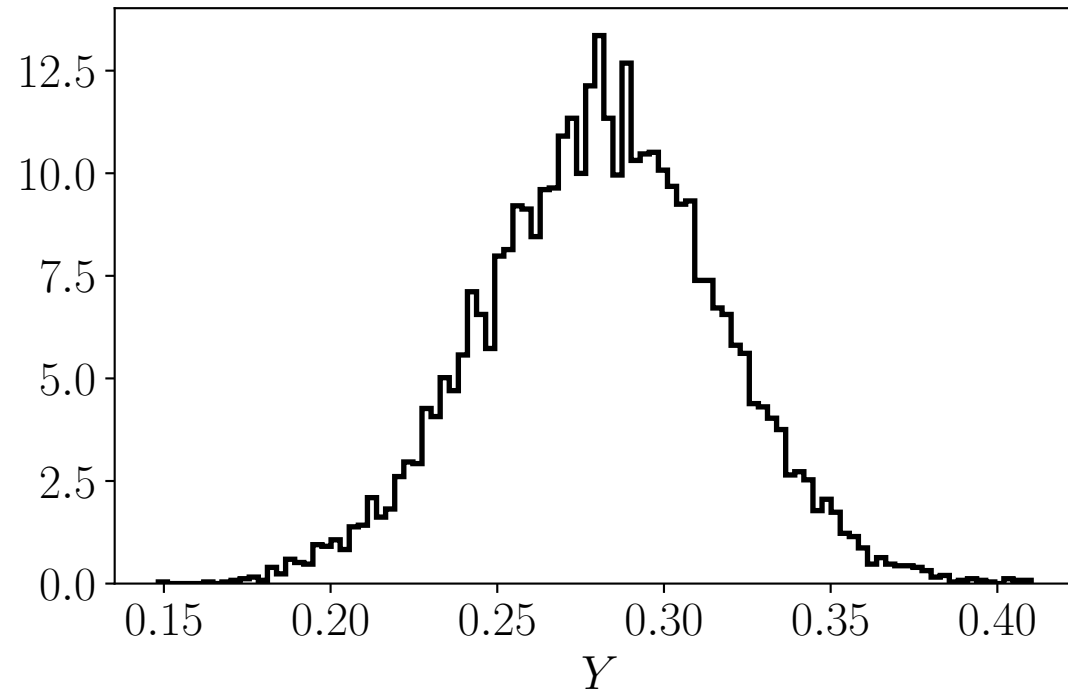


Inferring Y and Z

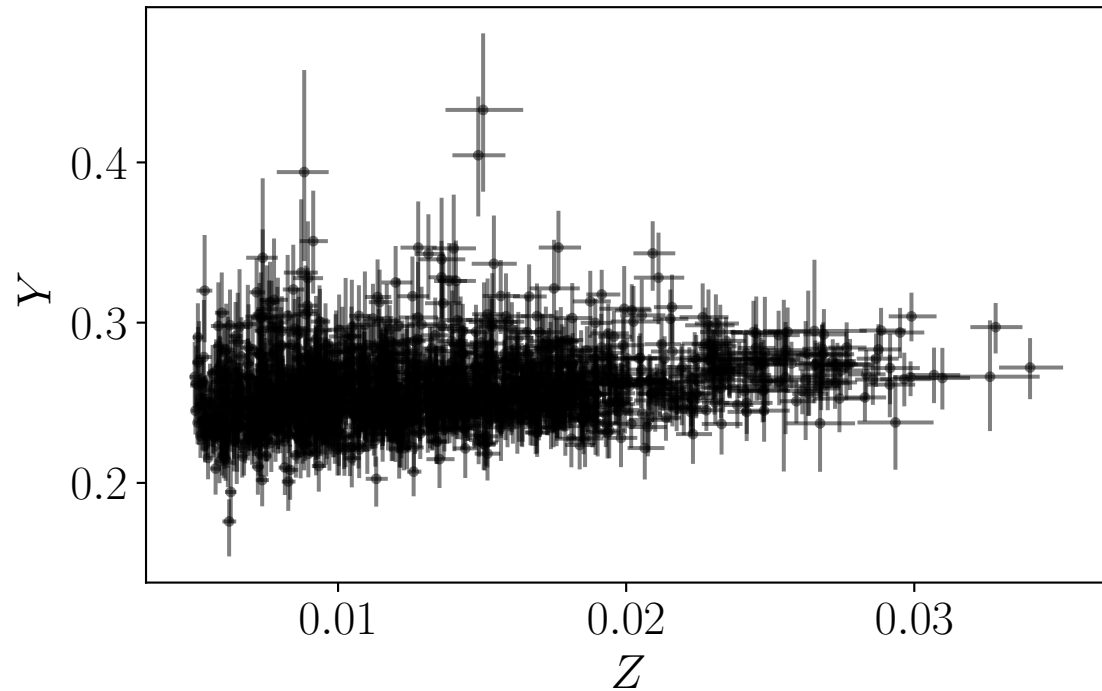
- Evolution to high luminosities is important, but not easy to model
- Use MC for a non-parametric approach
 1. Make samples in fractional age
 2. Constrain $Y(L)$
 3. Compare realisations of observed L



Inferring Y and Z



Constraining $\Delta Y / \Delta Z$

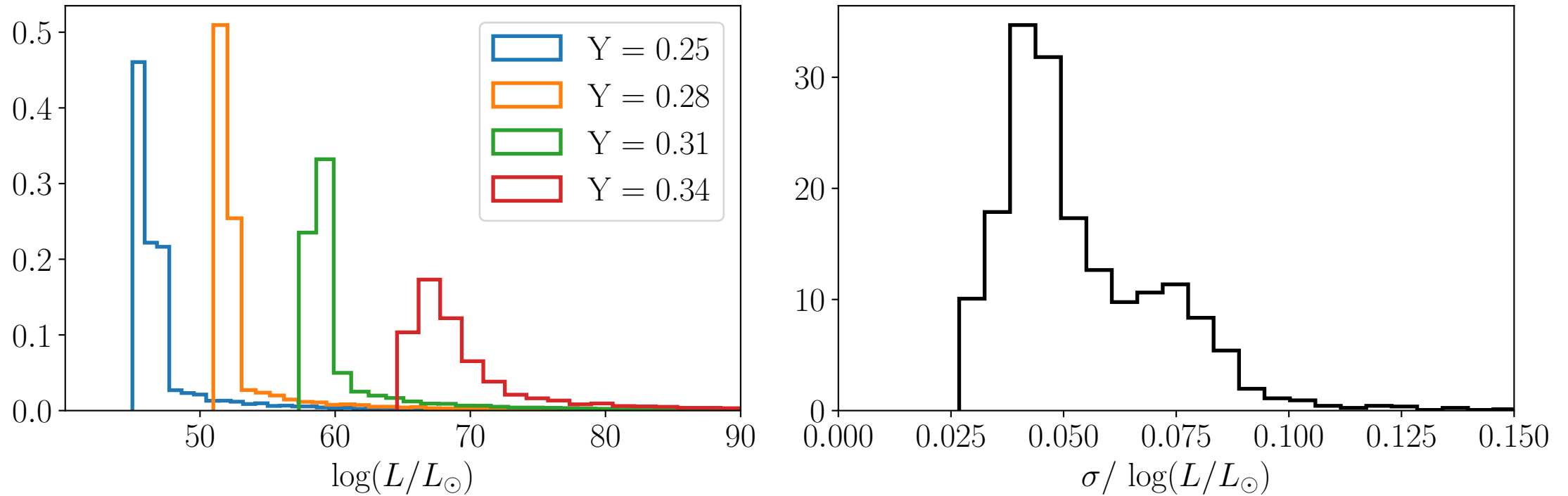


Very naïve look suggests $\Delta Y / \Delta Z \approx 1.5$

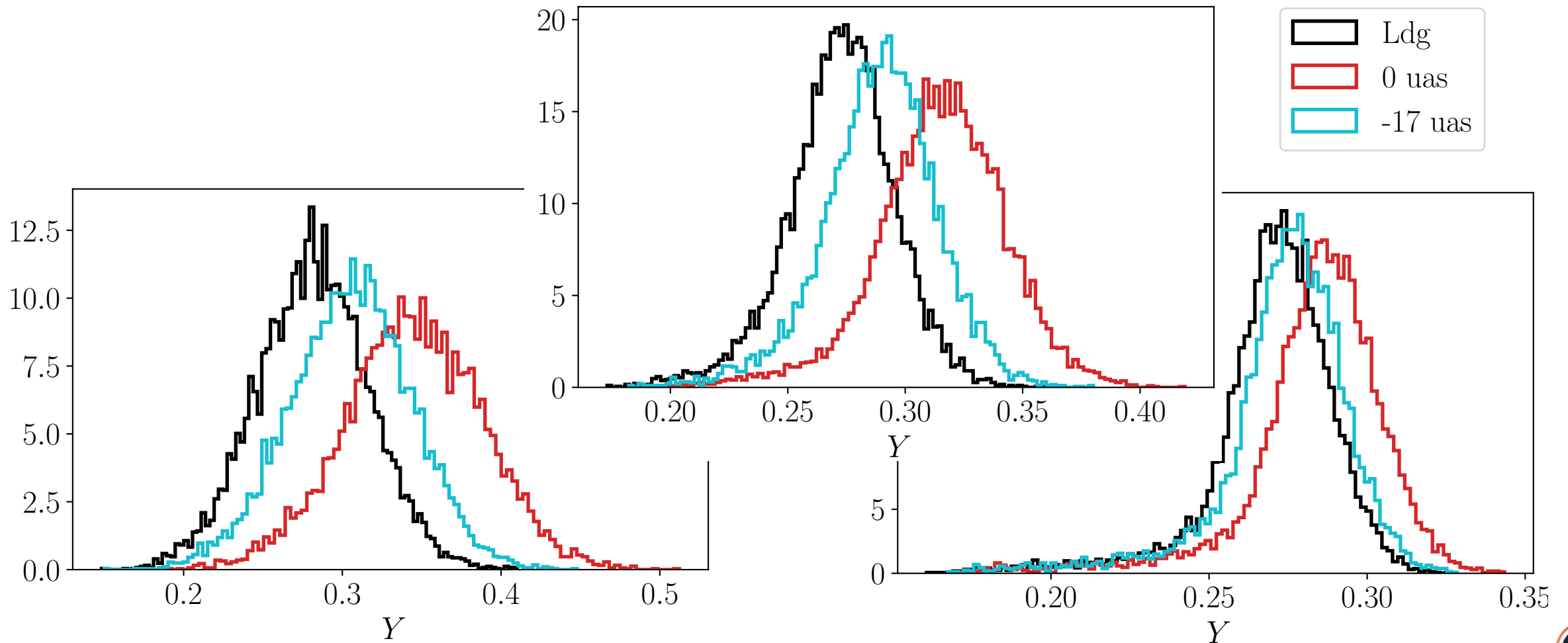
→ how to make best use of the Y distribution



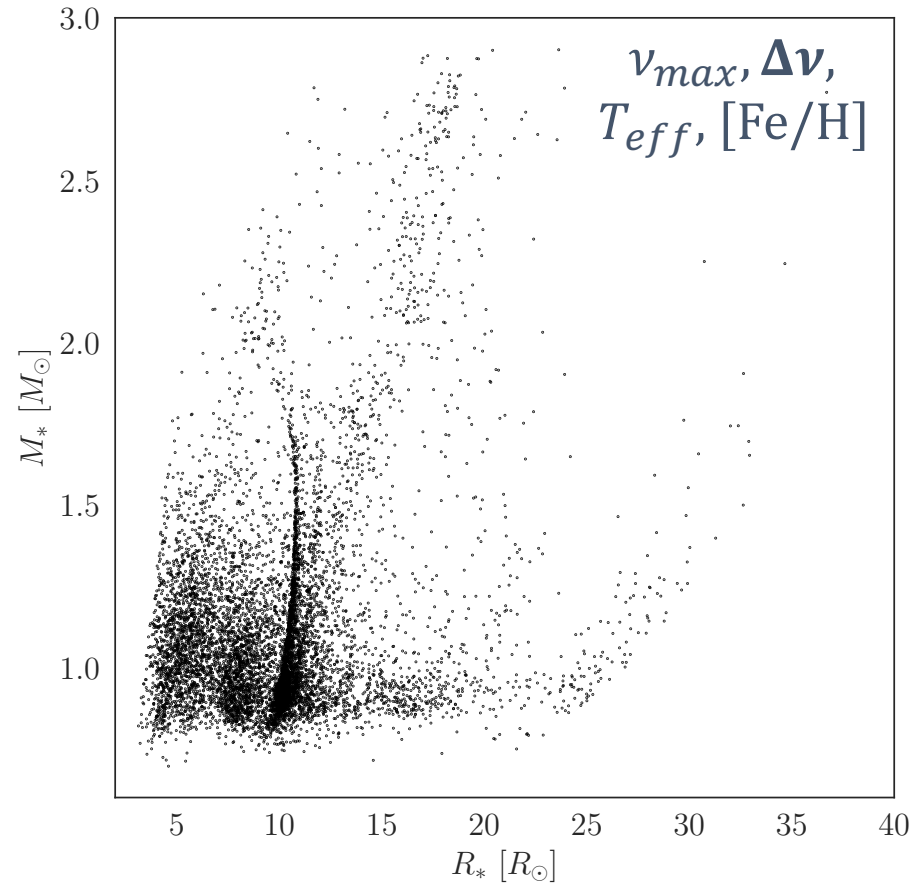
More on Gaia luminosities



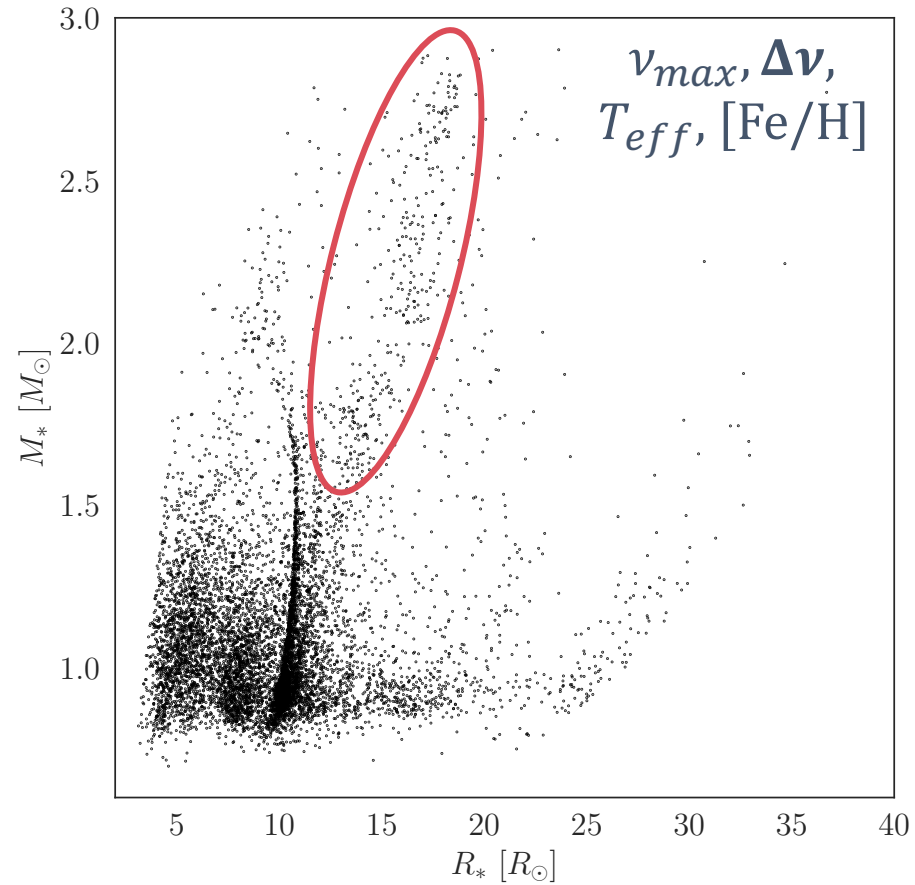
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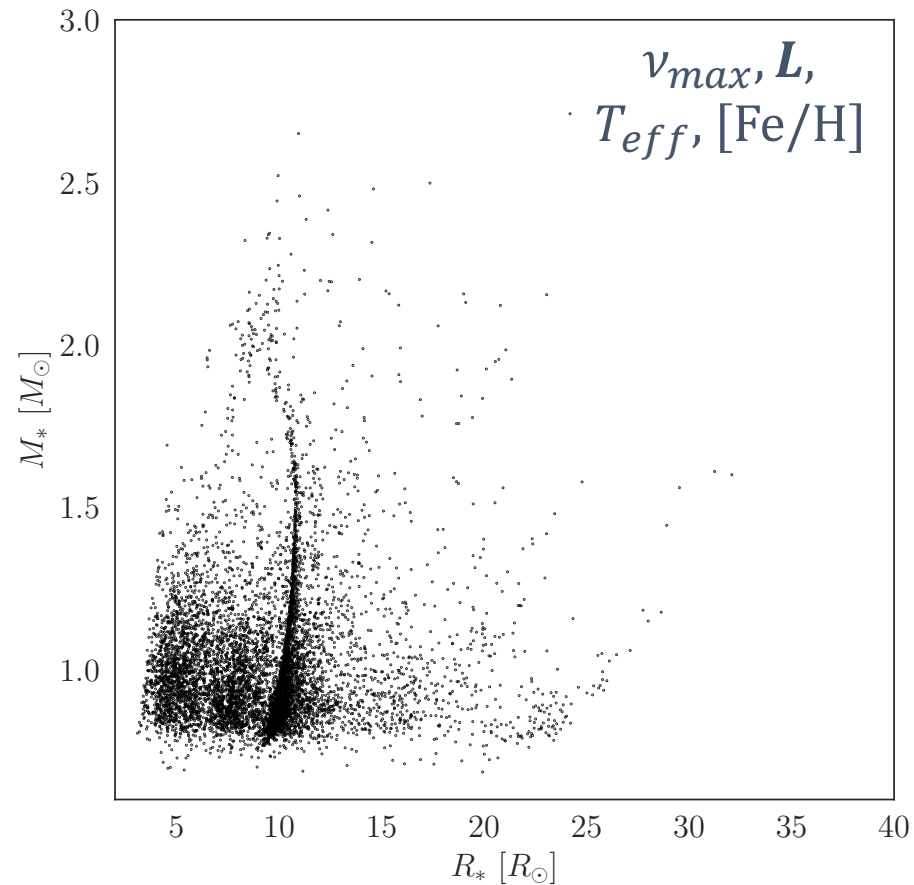
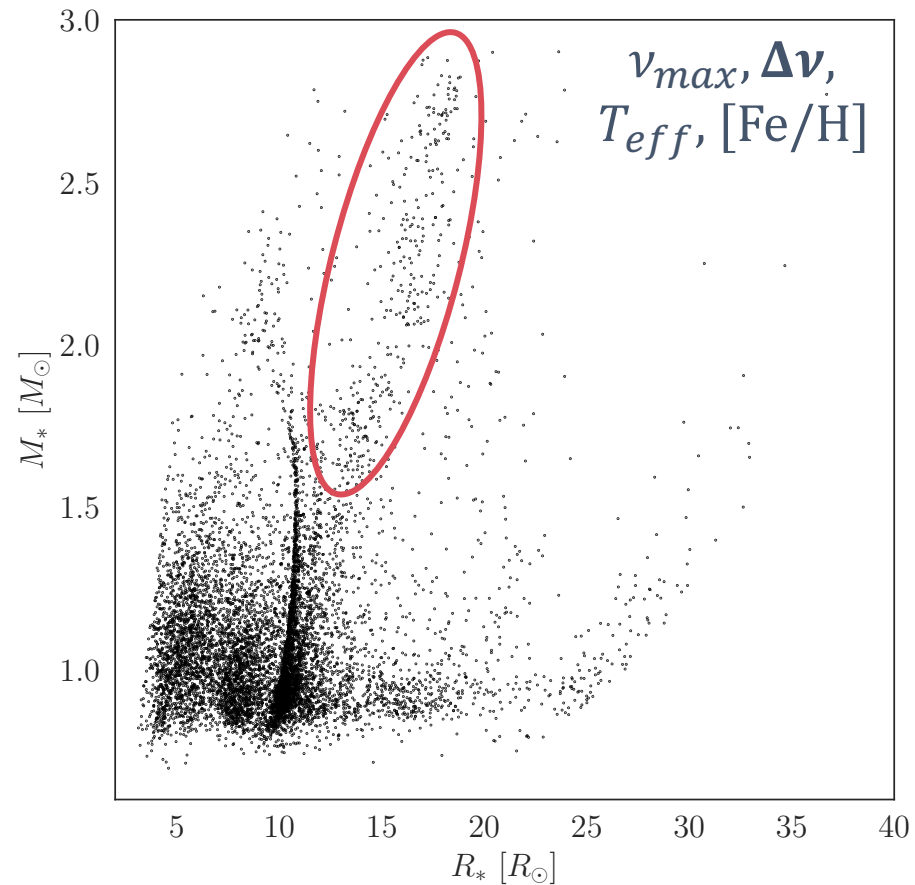
Gaia luminosity and asteroseismology



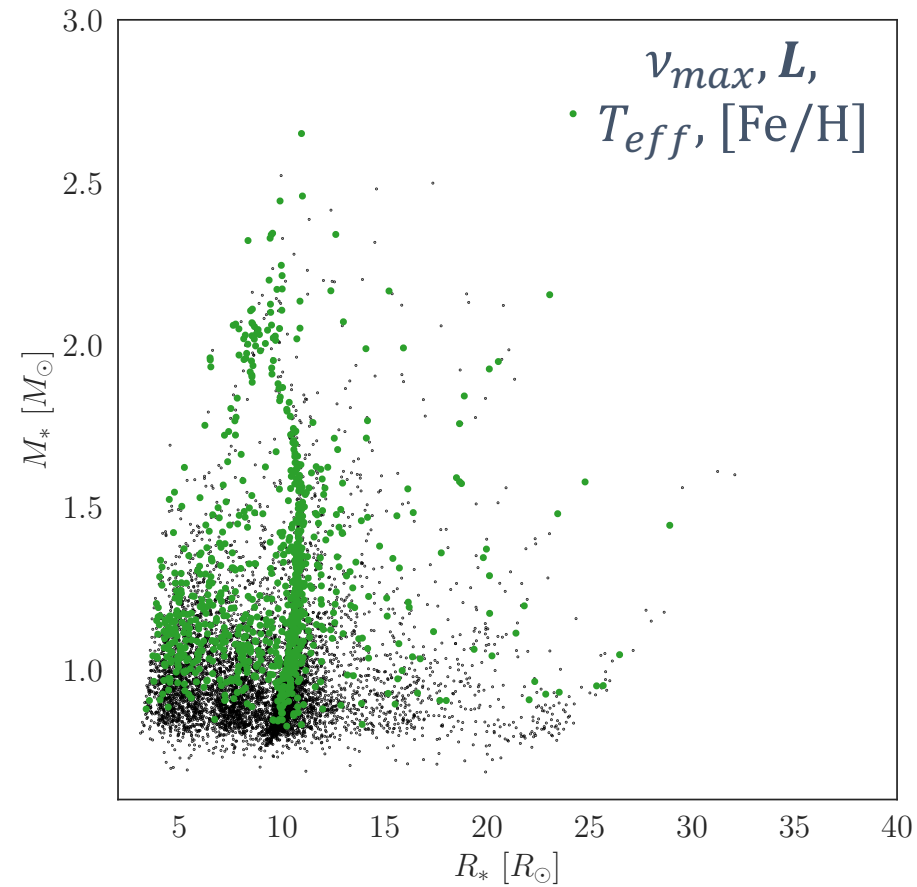
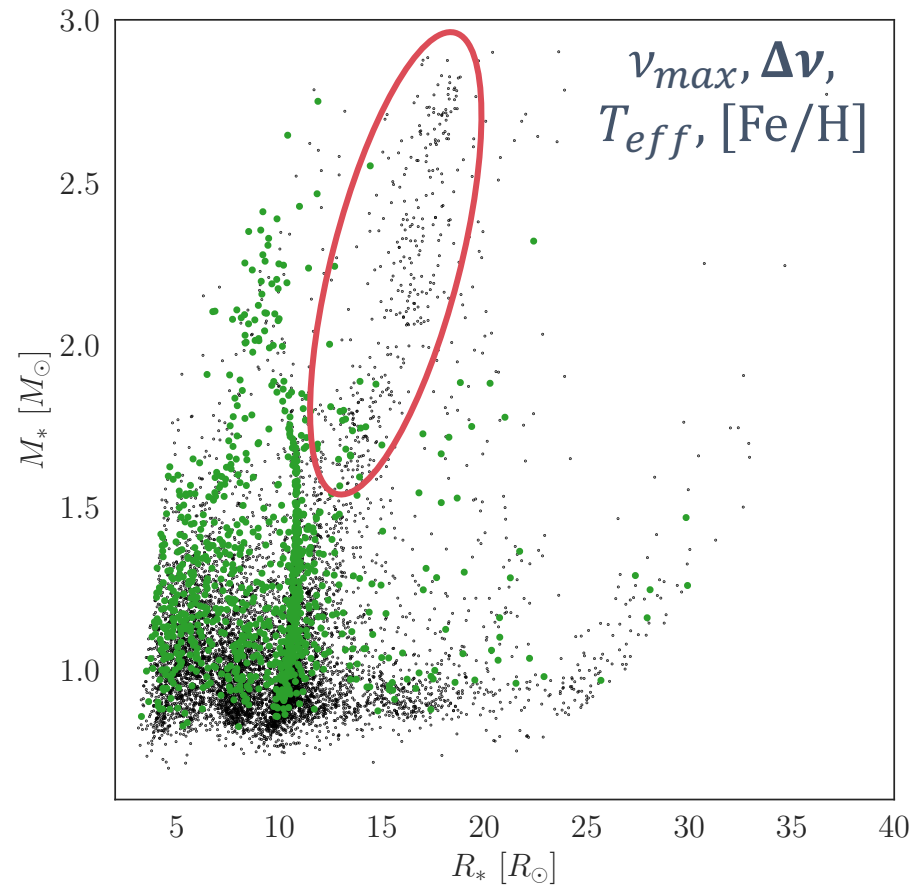
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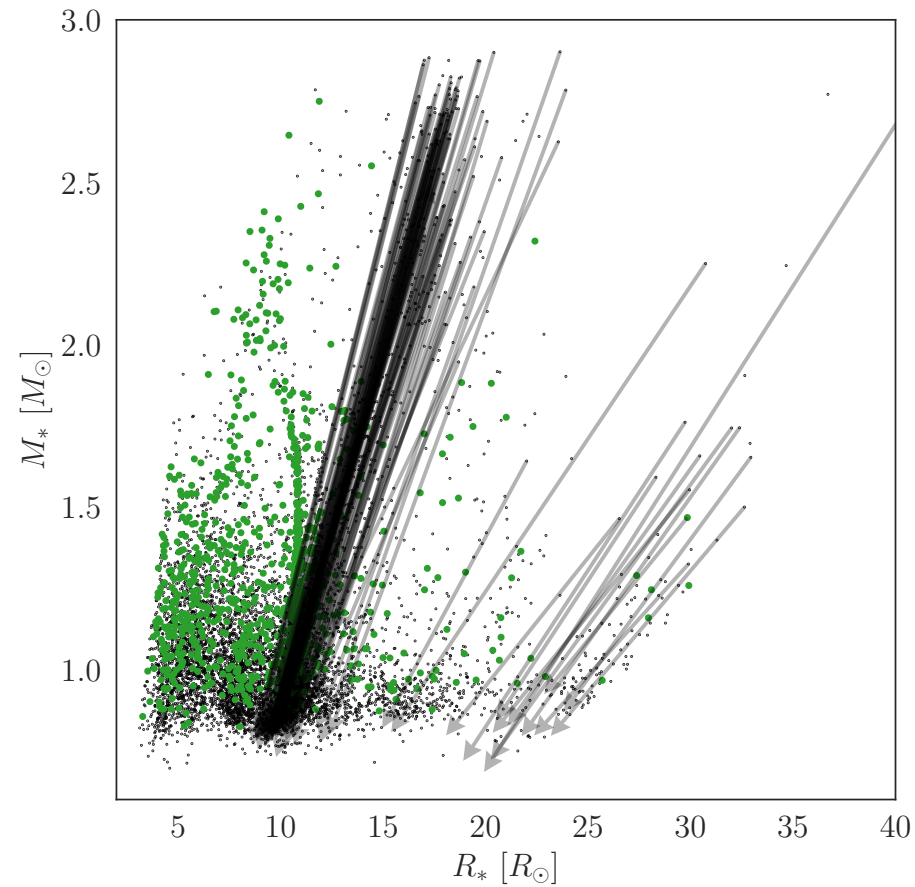
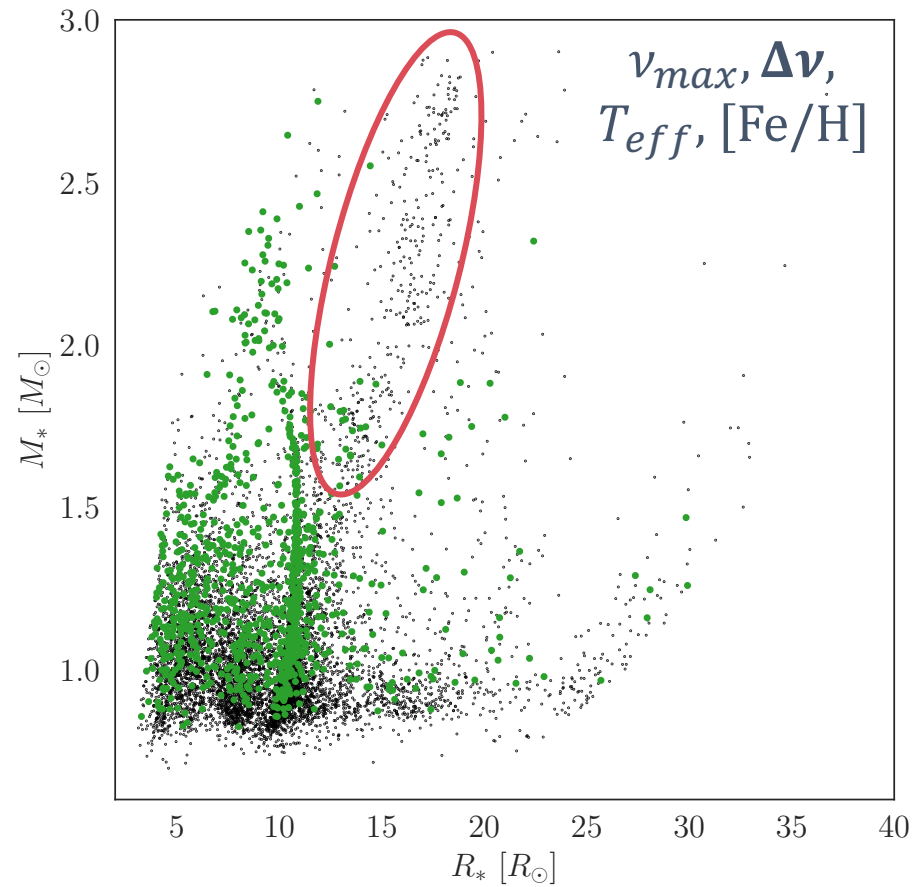
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Gaia luminosity and asteroseismology

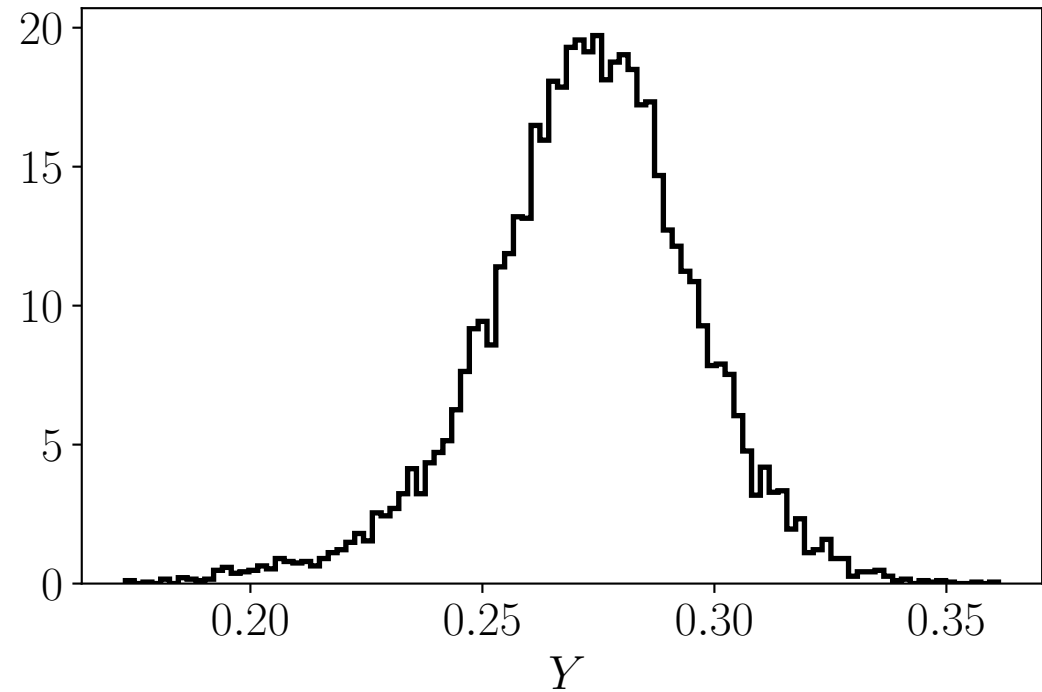


Gaia luminosity and asteroseismology



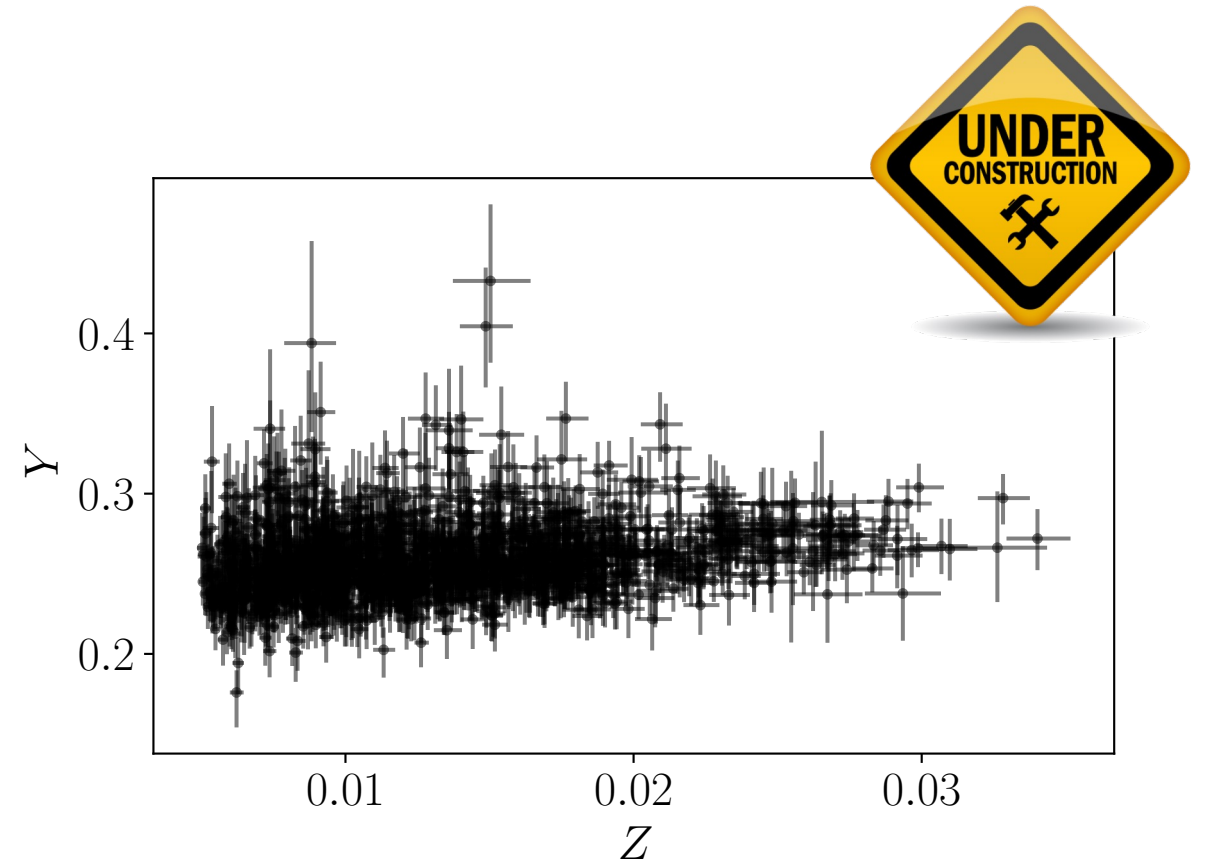
Outlook

- Gaia luminosities make helium inference possible



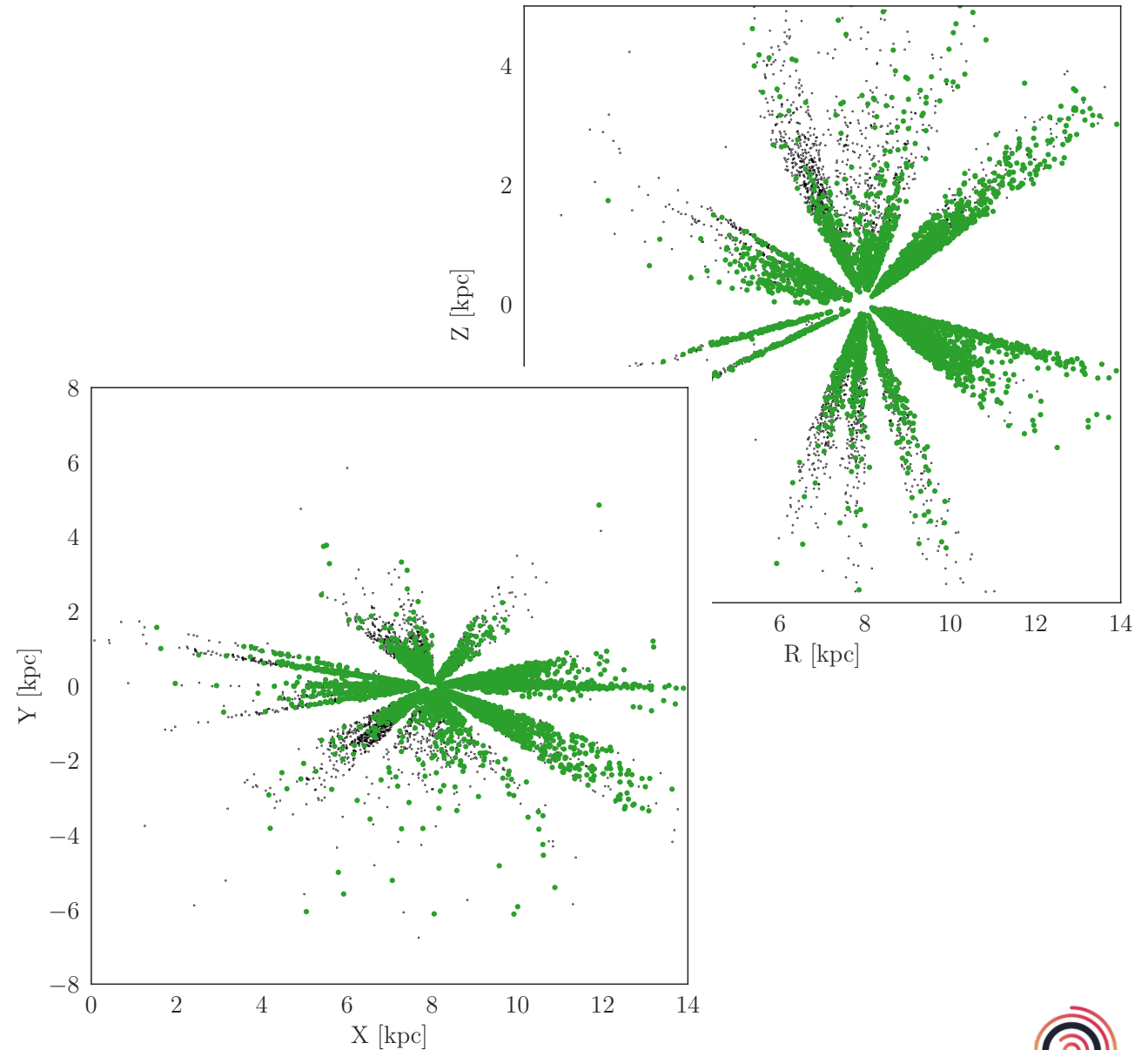
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- Gaia luminosities make helium inference possible
- To do: validate a statistical technique to constrain $\Delta Y / \Delta Z$



Outlook

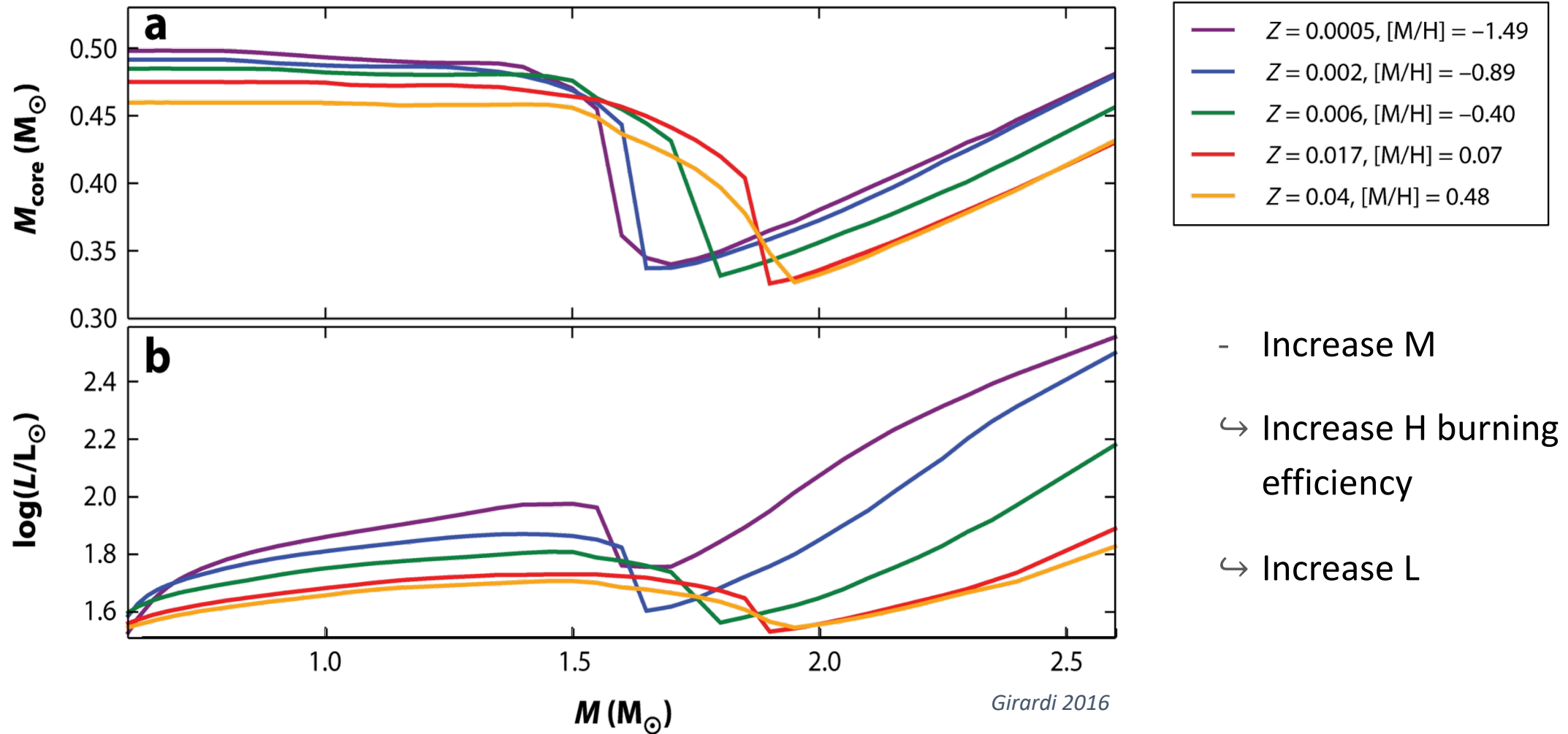
- Gaia luminosities make helium inference possible
- To do: validate a statistical technique to constrain $\Delta Y / \Delta Z$
- And then... Extend to K2 to map helium around the galaxy



Extras



Effect of mass



Effect of Composition

- Increase Y
 - ↳ Increase internal temperature
 - ↳ Decrease M_{core} → Decrease L
 - ↳ **Also:** increase H burning efficiency
 - ↳ **Increase L**

- Increase Z
 - ↳ Heat core more quickly
 - ↳ Decrease M_{core} → Decrease L
 - ↳ **Also:** increase envelope opacity
 - ↳ Decrease L